

Session 4

How can we make a difference?

"The pace of consumption, waste and environmental change has so stretched the planet's capacity that our contemporary lifestyle, unsustainable as it is, can only precipitate catastrophes [...] The effects of the present imbalance can only be reduced by our decisive action, here and now. We need to reflect on our accountability before those who will have to endure the dire consequences. "

- Pope Francis, Laudato Si', 161

What are we learning?

In today's session, we will:

- Understand the Catholic church's teaching on sustainability as we recap Laudato Si'
- Discern what Laudato Si' means to me
- Respond with the progress of our projects as we live Laudato Si'

Today's prayer

Dear God,

Today, we continue to make a difference at our school as we care for our common home. You have guided us as the stewards of your creation, and we give thanks for our growing ecological knowledge as we live Laudato Si' together.

Guide our hearts to act with charity, faith and hope as we continue our mission.

Praise be to you!

Amen



Activity: Recapping Laudato Si'



We've learnt a lot about Laudato Si' so far. As we start to put this knowledge into action through our projects, let's take a moment to reflect. In this activity, we'll recap the Catholic church's teaching on sustainability.

- Watch the CAFOD Laudato Si' video to recap what we've learnt so far



- Write down your thoughts and reflections about the video

Summarise the key ideas in Laudato Si'

Did you learn something new about Laudato Si' from the video?

What does Laudato Si' mean to you?

- Discuss your answers with the person sat next to you

Activity: Project Progress



- Report back on your progress since the last session

Since last session, we have...

- Plan what you need to do next

Next, we need to...

Who will do this task?

Deadline?

● Summarise your goals to achieve by the next session

By next session, we will...

Your notes...

Reflection: Giving Gratitude



- Take a moment to pause and reflect on your project so far

- Which aspects of Laudato Si' does your project reflect?

Laudato Si' Key Terms

- Climate justice
- Integral ecology
- The cry of the earth
- The cry of the poor
- Stewardship

- Thinking about your project, write three things that you feel grateful for

1.

2.

3.

- Write your thoughts as a prayer or poem, expressing gratitude to God for your blessings