

## BODY MASSAGE

Course code	start date	end date	No of sessions
<b>3-Week Intensive Course 13.00-17.00 w/c 28/6/10, 12/7/10 and 26/7/10</b>			
BMI/0610	28/06/10	30/07/10	15
<b>Sunday Afternoon Course - 13.30-16.30</b>			
BMSU/0910	12/09/10	30/01/11	17 (excl 31/10, 19+26/12, 2/1)
<b>Saturday Afternoon Course - 13.30-16.30</b>			
BMSA/0211	05/02/11	25/06/11	17 (excl 26/2, 16+23/4, 4/6)
<b>Monday Evening Course -18.30-21.30</b>			
BMM/0211	07/02/11	04/07/11	17 (excl 21/2, 18+25/4 2+30/5)
<b>Wednesday Afternoon Course - 13.30-16.30</b>			
BMW/0910	15/09/10	26/01/11	17 (excl 27/10, 22+29/12)
BMW/0211	02/02/11	22/06/11	17 (excl 23/2, 13+20/4, 1/6)
<b>3-Week Intensive Course 13.30-16.30 w/c 27/6/11, 11/7/11, 25/7/11 + 30/7/11 &amp; 19/8/11</b>			
BMI/0611	27/06/11	19/08/11	17

## ANATOMY, PHYSIOLOGY & PATHOLOGY FOR COMPLEMENTARY THERAPIES

Course code	start date	end date	No of sessions
<b>3-Week Summer Intensive Course - 9.00 - 12.30 w/c 28/6/10, 12/7/10 and 26/7/10</b>			
API/0610	28/06/10	30/07/10	15
<b>Sunday Morning Course - 9.30-12.30</b>			
APSU/0910	12/09/10	30/01/11	17 (excl 31/10, 19+26/12, 2/1)
<b>Saturday Morning Course - 9.30-12.30</b>			
APSA/0211	05/02/11	25/06/11	17 (excl 26/2, 16+23/4, 4/6)
<b>Monday Evening Course -18.30-21.30</b>			
APM/0910	13/09/10	31/01/11	17 (excl 25/10, 20+27/12, 3/1)
<b>Wednesday Morning Course - 9.30-12.30</b>			
APW/0910	15/09/10	26/01/11	17 (excl 27/10, 22+29/12)
APW/0211	02/02/11	22/06/11	17 (excl 23/2, 13+20/4, 1/6)
<b>3-Week Summer Intensive Course - 9.30 - 12.30 w/c 27/6/11, 11/7/11, 25/7/11 + 30/7/11 &amp; 19/8/11</b>			
API/0611	27/06/11	19/08/11	17

## BUSINESS PRACTICE FOR COMPLEMENTARY THERAPIES

Course code	start date	end date	No of sessions
<b>2-Day Course - 9.30 - 16.30 Saturday and Sunday</b>			
BP/0810	14/08/2010	15/08/2010	2
<b>3-Day Course - 9.30 - 16.30</b>			
BP/1110	Friday/Saturday/Saturday - 26+27/11/10, 8/1/11		
BP/0311	Friday/Sunday/Sunday - 25+27/3/11, 15/5/11		
BP/0711	Friday/Saturday/Saturday - 8+9/7/11, 13/8/11		

## REFLEXOLOGY

Course code	start date	end date	No of sessions
<b>Weekend Course - 9.30 - 16.30 Saturday and Sunday</b>			
18+19/9/10, 16+17/10/10, 20+21/11/10, 11+12/12/10, 15/1/11			
RFX/0910			9

*Please note that exam dates and times are to be advised*

*Updated June 2010*

## AROMATHERAPY

Course code	start date	end date	No of sessions
<b>Weekend Course - 9.30 - 16.30 Saturday and Sunday</b>			
12+13/2/11, 12+13/3/11, 9+10/4/11, 7+8/5, 11/6/11			
ARM/0211			9

## MESSAGE IN PREGNANCY

Course code	
<b>Saturday Course - 9.30-16.30</b>	
MIP/1210	11/12/10
<b>Sunday Course - 9.30-16.30</b>	
MIP/0710	04/07/10
MIP/1010	10/10/10
MIP/0311	20/3/11
MIP/0611	19/6/11

## L4 SPORTS MASSAGE

Course code	start date	end date	No of sessions
<b>Wednesday Course - 9.30-16.30</b>			
SMW/0910	15/09/10	26/01/11	17 (excl 27/10, 22+29/12)
SMW/0211	02/02/11	22/06/11	17 (excl 23/2, 13+20/4, 1/6)
<b>Weekend Course - 9.30 - 16.30 Saturday and Sunday</b>			
2+3/10/10, 6+7/11/10, 4+5/12/10, 8+9/1/11, 5+6/2/11, 5+6/3/11, 2+3/4/11, 14+15/5/11, 12/6/11			
SMS/1010	2/10/10	6/03/11	17
<b>3-Week Summer Intensive Course - 9.00 - 17.00 w/c 2/8/10; 9/8/10; 23/8/10</b>			
SMI/0810	02/08/10	27/08/10	15
<b>3-Week Summer Intensive Course - 9.00 - 17.00 w/c 1/8/11, 8/8/11, 22/8/11</b>			
SMI/0811	1/08/11	26/08/11	15

## L5 ADVANCED SPORTS MASSAGE

Course code	start date	end date	No of sessions
<b>Weekend Course - 9.30 - 17.00 Saturday and Sunday</b>			
25+26/9/10, 23+24/10/10, 27+28/11/10, 18+19/12/10, 22+23/1/11, 19+20/2/11, 19+20/3/11, 9+10/4/11, 21/5/11			
SMA/0910	25/9/10	21/5/11	17
<b>Wednesday Course - 9.30 - 17.00</b>			
SMAW/1010	13/10/10	2/3/11	17 (excl 27/10, 22+29/12, 23/2)

## MANAGEMENT OF ACTIVITY INJURIES

Course code	start date	end date	No of sessions
<b>Thursday Evening Course - 18.30-21.30</b>			
SI/0910	16/9/10	27/1/11	17 (excl 28/10, 23/12, 30/12)

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## NUTRITION

Course code	start date	end date	No of sessions
<b>Weekend Course - 9.30 - 16.30</b> <b>Saturday and Sunday</b>			
5+6/2/11, 5+6/3/11, 2+3/4/11, 7/5/11			
NU/0211	5/2/11	7/5/11	7

## GYM INSTRUCTION

Course code	start date	end date	No of sessions
<b>Saturday Course - 9.30-16.30</b>			
GI/0910	25/9/10	18/12/10	12 (excl 30/10)
<b>Sunday Course - 9.30-16.30</b>			
GI/0510	02/05/10	08/08/10	12 (excl. 30/5 + 6/6)
GI/0311	6/3/11	12/6/11	12 (excl 17+24/4 5/6)

## EXERCISE TO MUSIC

Course code	start date	end date	No of sessions
<b>Saturday Course - 9.30-16.30</b>			
EX/0910	25/9/10	18/12/10	12 (excl 30/10)
<b>Sunday Course - 9.30-16.30</b>			
EXM/0510	02/05/10	08/08/10	12 (excl. 30/5 + 6/6)
EXM/0311	6/3/11	12/6/11	12 (excl 17+24/4 5/6)

## PERSONAL TRAINING

Course code	start date	end date	No of sessions
<b>Sunday Course - 9.00-17.00</b>			
PT/0910	19/9/10	20/2/11	20 (ex 31/10, 19+26/12, 2/1)
<b>Saturday Course - 9.00-17.00</b>			
PT/0211	5/2/11	9/7/11	20 (excl 26/2, 16+23/4, 4/6)

## ADVANCED GYM INSTRUCTOR

Course code	start date	end date	No of sessions
<b>Sunday Course - 9.00-17.00</b>			
AGI/0910	19/9/10	21/11/10	9 (excl 31/10)
<b>Saturday Course - 9.00-17.00</b>			
AGI/0211	5/2/11	9/4/11	9 (excl 26/2)

## EXERCISE REFERRAL FOR CLIENTS WITH SPECIFIC CONTROLLED CONDITIONS

Course code	start date	end date	No of sessions
TBA			

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Updated June 2010

## FIRST AID 1-DAY

Course code

**Saturday Course - 10.00-17.00**

FA1/0410 24/04/10

FA1/1010 9/10/10

FA1/1210 4/12/10

**Sunday Course - 10.00-17.00**

FA1/0610 27/6/10

FA1/0211 13/2/11

FA1/0611 19/6/11

## FIRST AID 3-DAY

Course code

**Weekend Courses - 9.00-17.00**

FA3/1110 6, 7 + 13/11/10

FA3/0211 5, 6 + 12/2/11

FA3/0611 11, 12 + 18/6/11

## FIRST AID FOR SPORT

Course code

**Saturday Course - 10.00-17.00**

TBA

**Sunday Course - 10.00-17.00**

FAC/0310 07/03/10

## STRENGTH & CONDITIONING FOR COACHES

Course code start date

**Sunday Course - 9.30-4.30**

SCC/0310 21/3/10

## COACHING CHILDREN & TEENAGERS

Course code start date

**Sunday Course - 9.30-4.30**

CCT/0210 28/02/10

## NUTRITION FOR COACHES

Course code start date

**Saturday Course - 10-13.00**

Hydration - NCH/0310 20/03/10

## SPORTS PSYCHOLOGY

Course code start date

**Saturday Course - 9.30-4.30**

SPC/0310 27/03/10

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